

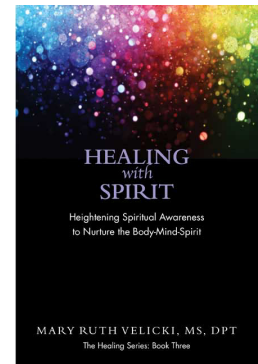
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CLARITY, DIRECTION, AND HOPE FOR ANYONE ON A HEALING OR SPIRITUAL JOURNEY

Mary Ruth Velicki has experienced a great transformation that has taken her from the depths of chronic pain, trauma, and despair and into a state of health, well-being, and joy. She has also helped others on a healing journey as an integrative physical therapist. In The Healing Series trilogy, she shares her experiences and the experiences of her clients to provide information and inspiration for anyone on a healing or spiritual journey.

Healing with Spirit is the third and last book of the series. In this book, Mary Ruth describes ways to access the peace, wisdom, guidance, and love that is available to all. Through engaging stories, she presents ways to expand our awareness and uplift our perceptions and experiences in life. She demonstrates the process of spiritual transformation in which reactive, fear-based patterns are gradually replaced with a sense of wholeness, connection, wonder, and joy.



Throughout her life, Mary Ruth has been able to express esoteric concepts in a clear and creative way. When she was working as a neurological physical therapist, she used this skill to develop courses for several universities and to publish research in the journal, *Experimental Brain Research*. Now, she combines this gift with her healing experience to describe key features of holistic healing and spiritual transformation.

Visit <http://lettingloveflow.com> for contact details, media copies, and photos.

BOOK INFORMATION

Healing with Spirit: Heightening Spiritual Awareness to Nurture the Body-Mind-Spirit

244 pp □ paperback □ \$16.00 | ebook □ \$9.99 □ ISBN 13: 979-8521253753

Available through [amazon.com](https://www.amazon.com)

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